

Shamanism And Tantra In The Himalayas

Trekking in the Himalayas
The Himalayas
Into the Heart of the Himalayas
In the Himalayas and on the Indian Plains
Ecology and Man in the Himalayas
Man and Development in the Himalayas
Mining in the Himalayas
In the Himalayas
Sport and Nature in the Himalayas
A Hermit in the Himalayas
Among the Himalayas
Among the Himalayas
Love and Honor in the Himalayas
Precambrian Geotectonics in the Himalaya
Religion and Society in the Himalayas
From Hong-Kong to the Himalayas: Or, Three Thousand Miles Through India
All the Way to Heaven
Wandering in the Himalayas
Lost in the Himalayas
Strange Sights in the Himalayas. [With Illustrations.].
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hiking in himalaya mountains region guidebook

the himalayas are called the roof of the world the tallest mountain on earth mount everest at 29 028 feet is ones of 14 peaks in the himalayan chain the himalayas stretch 1 550 miles from china to afghanistan more than 40 million people live in the himalayan regions among them are sherpas people of nepal who help to guide climbers up mount everest a chapter discusses the record setting climb of edmund hillary and sherpa guide tenzing norgay students will also read that it is a hindu belief that these mountains are the abode of gods

when jono lineen s brother died in tragic circumstances he gave up a comfortable life moved to the himalayas and over eight years immersed himself in the cultures of the world s highest mountains the experience culminates in his book into the heart of the himalayas a fascinating memoir that traces his solo trekking odyssey from pakistan to nepal across thousands of kilometres of mountain terrain no one has ever before attempted to walk the length of the western himalayas alone but jono s intentions were more psychological than physical it was about integrating the himalayan culture he had grown to love assimilating the wisdom of the place and coming to terms with his loss jono s openness with everyone he meets on the trail from pakistani military officers to tibetan lamas and naked hindu saddhus lies at the heart of one of the most complete portraits of the himalayas ever written jono lineen a lone disarming man crosses borders religions castes languages and philosophical boundaries to find the

way to embrace his future

the present volume emphasizes the importance of studying the structure and functioning of ecological systems and their mode of reaction on exposure to human intervention in the himalayas it stresses the impact of man on his environment and vice versa considered in the areas of biological and adaptative entity as well as a social cultural and economic being

contributed articles

himalaya the world s most prominent mountain system of the world is a source of sustenance for the social cultural and economic development of population across different countries unscientific small scale mining for harnessing reournces including minerals has caused ecosystem damage therefore an integrated and holistic approach to deal with the resource management is required this book makes a focussed effort to explain how mining in the himalaya is practiced with discussions pertaining to critiques and lacunas of mining and environmental practices status of mining practices in himalaya is included along with the legal environmental repercussions of mining

an updated edition of a new yorker writer s profile of these mysterious lands

the introductory account of mr brunton s pony back journey up the mountainside has real charm one of his most interesting chapters gives a practical minded consideration to the probable future of tibet new york times paul brunton was one of a very small number of his generation to travel in india and tibet so extensively at a time when very few were doing so with such insight and discernment his journalistic skills produced magnificent descriptions of the snowy peaks and high desert landscapes of the himalayan region but it was the lessons he learned from the holy men he met on his journey that transformed him into one of the great interpreters of the east in this magnificent spirituality classic he explains that we all need oases of calm in a world of storm no matter what era we are living in and that to retreat from our everyday lives for a while is not weakness but strength by taking the trouble to discover the deep silence within us we will find the benefits of being linked to an infinite power an infinite wisdom an infinite goodness a hermit in the himalayas is a fascinating blend of travel writing and profound spiritual experience as we accompany the author on his journey through the vast himalayas ranges towards mount kailas in tibet he also shows us an even more remarkable and timeless inner path which will help us cope with the ups and downs of our contemporary world

american anthropologist ernestine mchugh arrived in the foothills of the annapurna mountains in nepal and surrounded by terraced fields rushing streams and rocky paths she began one of several sojourns among the gurung people whose ramro hawa pani good wind and water not only describes the enduring bounty of their land but also reflects the climate of goodwill they seek to sustain in their community it was in their steep himalayan villages that mchugh came to know another culture witnessing and learning the buddhist appreciation for equanimity in moments of precious joy and inevitable sorrow love and honor in the himalayas is mchugh s gripping ethnographic memoir based on research among the gurgungs conducted over a span of fourteen years as she chronicles the events of her fieldwork she also tells a story that admits feeling and involvement writing of the people who housed her in the terms in which they cast their relationship with her that of family welcomed to call her host ama and become a daughter in the household mchugh engaged in a strong network of kin and friendship she intimately describes with a sure sense of comedy and pathos the family s diverse experiences of life and loss self and personhood hope knowledge and affection in mundane as well as dramatic rituals

the gurungs ever emphasize the importance of love and honor in everyday life regardless of circumstances in all human relationships such was the lesson learned by mchugh who arrived a young woman facing her own hardships and came to understand and experience the power of their ways of being while it attends to a particular place and its inhabitants love and honor in the himalayas is above all about human possibility about what people make of their lives through the compelling force of her narrative mchugh lets her emotionally open fieldwork reveal insight into the privilege of joining a community and a culture it is an invitation to sustain grace and kindness in the face of adversity cultivate harmony and mutual support and cherish life fully

precambrian geotectonics in the himalaya provides a deep overview on geology and tectonics of the precambrian domains of the himalaya authored by an expert with over five decades of work in precambrian himalaya the book studies window zones to provide a scope for understanding precambrian deformation effects the book specifically covers the holistic precambrian geotectonic of the terrain and revises the subduction back thrusting model of the cenozoic evolution considering precambrian regional events are not clearly recognised or visualised in many sectors due to overlapping crystallines this book details a precambrian geotectonic framework of the terrain on which the himalayan event evolved precambrian geotectonics in the himalaya is a necessary reference for earth scientists exploration and hazard management scientists professors and students who carry out research what requires a comprehensive picture of the precambrian himalaya and in totality with the adjacent peninsula features comprehensive data gathered from decades of research on the himalaya includes numerous detailed case studies that allow readers to comprehensively consider the data presented describes the precambrian tectonostratigraphic history of the himalayan terrain

the vacuum created by the earlier authors by not touching several important areas on this subject have been properly bridged by these authors of the twelve papers included in the book seven of them centre around budhism one on the interrelationship of b

the son of a presbyterian missionary living in the himalayas in india soon after independence looks back on the events and exotic setting of his youth

an authentic account of the travels of swami tapovan maharaj on foot in the himalayas deeply embedded in it is the sacred philosophy of the upanisads while providing one a panoramic view of the magnificent awe inspiring himalayas

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